

**Street Address**

See Website

**Phone**

1800 187 263

**Fax**

NA

**Email**

NA

**Website**

<https://www.sane.org>

**Service For**

Those needing assistance with mental health

**Client Min Age**

0

**Client Max Age**

88

**Service Area**

Australia Wide

**Hours**

24/7 Online Forum's/Website Discussion's

**Drop In Service**

NA

**Outreach**

NA

**Outpost**

NA

**Service Description**

<p>The SANE Help Centre provides the information, guidance, and referrals you need to manage mental health concerns.</p>

**Participation Length**

NA

**Participation Type**

NA

**Secondary Consult**

NA

**Staff Profile**

**Staff Languages**

**Interpreters**

**Specific Exclusions**

**Service End Date**

**Who Can Refer**

Self referral

**Mode Of Referral**

**Point Of Intake**

**Costs**

**Disability Access**

**Public Transport Info**

**E Referral Option**

**E Referral Intake Process**

**Service provider**  
Private Provider